ELDERCARE: YOU ARE NOT ALONE

Did you know?

- 44 million Americans are now providing unpaid care to an adult relative or friend
- 60% of those caring for someone over 50 years of age are working
- 29% of employed caregivers report needing help with work/life balance

Did you know?

- The EAP has eldercare consultants available to speak by telephone without an appointment
- The EAP can provide eldercare information and resources specific to your needs
- The EAP will assist families with in-person counseling around the challenges of eldercare

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