Here are the speakers and topics we have lined up for you.

Healthy Lifestyle (Fri) April 23, 2021 | 2 PM ET
Dr. Melina Jampolis
Nutrition and disease prevention — Friday, June 4, 2021 | 2 PM ET
Dr. Daniel Knecht
Nutrition and disease prevention

Managing a positive outlook (Fri) August 27, 2021 | 2 PM ET
Joan Lunden
Keeping a positive perspective

The role of inflammation in many common diseases including heart disease, cancer, diabetes, and dementia

The role of antioxidants in disease prevention

Dr. Melina Jampolis
Nutrition and disease prevention

The new world of virtual medicine (Fri) July 16, 2021 | 2 PM ET
Dr. Daniel Knecht
The doctors you know and love now offer virtual visits as well!

The doctors you know and love now offer virtual visits as well!

The Doctors
appears frequently on The Doctors

Introduction to the internet (Fri) November 19, 2021 | 2 PM ET
Linda Larsen
Introduction to the internet

Consult with your doctor before starting any strengthening or exercise program.

On the day of the webcast, please watch for a reminder email. Please save the confirmations and reminders you receive to your email confirmations and reminders before each event. Just choose the webcasts you’d like to attend here. We’ll send you email confirmations and reminders before each event.

Please join us for this exciting and informational webinar series!

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A webcast series designed to help you maintain a healthy and happy lifestyle

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