



## UNIVERSITY OF CHICAGO

Sponsored by Aetna Medicare Plan (PPO)

Medicare (S02) ESA PPO Plan

### Keep in mind

This is just a summary. The complete list of services can be found in the *Schedule of Cost Sharing (SOC)/Evidence of Coverage (EOC)*. You can request a copy of the SOC/EOC by contacting:

### Member Services

**1-888-267-2637** (TTY: 711)

Hours are 8 AM to 9 PM ET, Monday through Friday.

### Are you eligible to enroll?

**To join Aetna Medicare Plan (PPO), you must:**

- Be entitled to Medicare Part A
- Be enrolled in Medicare Part B
- Live in the plan's service area



This is a summary of the services we cover from January 1, 2024 through December 31, 2024.



Service area: A complete list of service areas can be found in the *Evidence of Coverage (EOC)*.



## What You Should Know

**Primary Care Physician (PCP):** You have the option to choose a PCP. When we know who your provider is, we can better support your care.

**Referrals:** Your plan doesn't require a referral from a PCP to see a specialist. Keep in mind, some providers may require a recommendation or treatment plan from your doctor in order to see you.

**Prior Authorizations:** Your doctor will work with us to get approval before you receive certain services. Benefits that may require a prior authorization are listed with an asterisk (\*) in the benefits grid.

Plan costs & information	Network & Out-of-network providers
Premium	Please contact your former employer/union/trust for more information on your plan premium.
Annual Deductible	<p>\$150</p> <p>This is the amount you have to pay out of pocket before the plan will pay its share for your covered Medicare Part A and B services.</p>
Services Exempt from Deductible	<p>Deductible waived for Preventive Services, Part B Drugs - Insulin, Continuous Glucose Monitors (CGM), Emergency Room Visits, Emergency Ambulance, Urgent Care, some Medicare-covered diagnostic tests and labs (Urine protein, Prothrombin testing, HBA1C, FIT Screening, Fundus Testing, gFOBT Testing and COVID lab tests), Wigs, and MDLive.</p>
Annual Maximum Out-of-Pocket	<p>\$1,000</p> <p>The maximum out-of-pocket (MOOP) is the <b>most you'll pay</b> for the medical services we cover each year. <b>It's in place to protect you.</b> Once you reach the maximum out-of-pocket, our plan pays 100% of covered medical services. Your premium doesn't count toward your MOOP.</p>

PRIMARY BENEFITS	Your costs for in and out-of-network care
<b>Hospital Care*</b>	
Inpatient Hospital Care	\$250 per stay <hr/> The member cost sharing applies to covered benefits incurred during a member's inpatient stay.
Observation Stay	Your cost share for Observation Care is based upon the services you receive.
Frequency:	per stay
Outpatient Hospital Services and Surgery	\$50
Ambulatory Surgery Center	\$50
<b>Physician Services</b>	
Primary Care Physician Visits	\$10 <hr/> Includes the services of an internist, general physician or family practitioner for routine care as well as diagnosis and treatment of an illness or injury and in-office surgery.
Physician Specialist Visits	\$30
<b>Preventive Services</b>	
Abdominal aortic aneurysm screenings	\$0
Alcohol misuse screenings and counseling	\$0
Annual well visit - one exam every 12 months	\$0
<i>This continues on the next page</i>	

## Summary of Benefits

PRIMARY BENEFITS	Your costs for in and out-of-network care
<b>Preventive Services</b> (continued)	
Bone mass measurements	\$0
Breast exams	\$0
Breast cancer screening: mammogram - one baseline mammogram for members age 35-39; one annual mammogram for members age 40 and over	\$0
Cardiovascular behavior therapy	\$0
Cardiovascular disease screenings	\$0
Colorectal cancer screenings (colonoscopy, fecal occult blood test, flexible sigmoidoscopy)	\$0
Depression screenings	\$0
Diabetes screenings	\$0
HBV infection screening	\$0
Hepatitis C screening tests	\$0
HIV screenings	\$0
Lung cancer screenings and counseling	\$0
Medicare Diabetes Prevention Program (MDPP)	\$0
Nutrition therapy services	\$0
Obesity behavior therapy	\$0
Pelvic exams - one routine GYN visit and Pap smear every 24 months	\$0
<i>This continues on the next page</i>	

PRIMARY BENEFITS	Your costs for in and out-of-network care
<b>Preventive Services</b> (continued)	
Prolonged Preventive Services - prolonged preventive service(s) (beyond the typical service time of the primary procedure), in the office or other outpatient setting requiring direct patient contact beyond the usual service	\$0
Prostate cancer screenings (PSA) - for all male patients aged 50 or older (coverage begins the day after 50th birthday)	\$0
Sexually transmitted infections screening and counseling	\$0
Tobacco use cessation counseling	\$0
“Welcome to Medicare” preventive visit	\$0
<b>Immunizations</b>	
Flu	\$0
Hepatitis B	\$0
Pneumococcal	\$0
<b>Additional Medicare Preventive Services</b>	
Barium enema - one exam every 12 months	\$0
Diabetes self-management training (DSMT)	\$0
Digital rectal exam (DRE)	\$0
<i>This continues on the next page</i>	

## Summary of Benefits

PRIMARY BENEFITS	Your costs for in and out-of-network care
<b>Additional Medicare Preventive Services</b> (continued)	
EKG following welcome exam	\$0
Glaucoma screening	\$0
<b>Emergency and Urgent Medical Care</b>	
Emergency Care (includes services worldwide)	\$100 (waived if admitted immediately)
Urgent Care (includes services worldwide)	\$65
<b>Diagnostic Procedures*</b>	
Diagnostic Radiology (CT scans)	\$35
Diagnostic Radiology (other than CT scans)	\$35
Diagnostic Testing and Procedures	\$30
Lab Services	\$0
Outpatient X-rays	\$30
<b>Hearing Services</b>	
Hearing Exam (routine)	\$0 Coverage: one exam every twelve months
Hearing Exam (Medicare-covered)	\$30
Hearing Aid Reimbursement	\$2,000 once every 24 months
<b>Dental Services*</b>	
Dental Services	\$30
	Medicare-covered benefits only
<i>This continues on the next page</i>	

PRIMARY BENEFITS	Your costs for in and out-of-network care
<b>Dental Services*</b> (continued)	
Dental Benefit Name: Aetna Enhanced Preventive Dental Value ESA  Coverage for preventive dental services including cleanings, exams and x-rays  Annual Benefit Maximum: \$750	Preventive dental services: <ul style="list-style-type: none"> <li>• \$0 dental deductible</li> <li>• 0% coinsurance for each covered dental service</li> </ul>
<b>Vision Services</b>	
Eye Exam (routine)	\$0 Coverage: one exam every twelve months
Diabetic Eye Exam	\$0
Eye Exam (Medicare-covered)	\$30
<b>Mental Health Services*</b>	
Inpatient Mental Health Care	\$250 per stay The member cost sharing applies to covered benefits incurred during a member's inpatient stay.
Outpatient Mental Health Care	\$30 (individual sessions) \$30 (group sessions)
Partial Hospitalization	\$30
Inpatient Substance Abuse	\$250 per stay The member cost sharing applies to covered benefits incurred during a member's inpatient stay.
<i>This continues on the next page</i>	



PRIMARY BENEFITS	Your costs for in and out-of-network care
<b>Mental Health Services*</b> (continued)	
Outpatient Substance Abuse	\$30 (individual sessions) \$30 (group sessions)
<b>Skilled Nursing Services*</b>	
Skilled Nursing Facility (SNF) Care	<p>\$0 per day, days 1-20; \$75 per day, days 21-100</p> <hr/> <p>Limited to 100 days per Medicare benefit period.</p> <p>The member cost sharing applies to covered benefits incurred during a member’s inpatient stay.</p> <p>A benefit period begins the day you go into a hospital or skilled nursing facility. The benefit period ends when you haven’t received any inpatient hospital care (or skilled care in a SNF) for 60 days in a row. If you go into a hospital or a skilled nursing facility after one benefit period has ended, a new benefit period begins. There is no limit to the number of benefit periods.</p>
<b>Outpatient Rehabilitation Services</b>	
Occupational Therapy Rehabilitation Services	\$30
Physical and Speech Therapy Rehabilitation Services	\$30

PRIMARY BENEFITS	Your costs for in and out-of-network care
<b>Ambulance* and Transportation Services</b>	
Ambulance Services	\$35 <hr/> Prior authorization rules may apply for non-emergency transportation services received in-network. Your network provider is responsible for requesting prior authorization. Our plan recommends pre-authorization of non-emergency transportation services when provided by an out-of-network provider.
Transportation (non-emergency)	Covered <hr/> Coverage: up to 24 one-way rides per year with unlimited miles allowed per trip.
<b>Medicare Part B Prescription Drugs*</b>	
Medicare Part B Prescription Drugs	\$35
<b>*These benefits may require prior authorization.</b>	

<b>ADDITIONAL PROGRAMS AND SERVICES</b> <b>(Medicare-covered)</b>	<b>Your costs for in and out-of-network care</b>
<b>ADDITIONAL PROGRAMS AND SERVICES</b> <b>(Medicare-covered)</b>	
Acupuncture Services	\$30 <hr/> Medicare-covered benefits only
Allergy Shots	\$35
Allergy Testing	\$30
Blood	\$0 <hr/> All components of blood are covered beginning with the first pint.
Cardiac Rehabilitation Services	\$30
Chiropractic Services*	\$20 <hr/> Medicare-covered benefits only
Diabetic Supplies*	\$0
Durable Medical Equipment (DME)*	10%
Home Health Agency Care*	\$0
Hospice Care	Covered by Original Medicare at a Medicare-certified hospice.
Intensive Cardiac Rehabilitation Services	\$30
Medical Supplies*	Your cost share is based upon the provider of services
Outpatient Dialysis Treatments*	\$30
Podiatry Services	\$30 <hr/> Medicare-covered benefits only
Prosthetic Devices*	10%
<i>This continues on the next page</i>	

<b>ADDITIONAL PROGRAMS AND SERVICES (Medicare-covered)</b>	<b>Your costs for in and out-of-network care</b>
<b>ADDITIONAL PROGRAMS AND SERVICES (Medicare-covered)(Continued)</b>	
Pulmonary Rehabilitation Services	\$20
Supervised Exercise Therapy (SET) for PAD	\$20
Radiation Therapy*	\$30
<b>*These benefits may require prior authorization.</b>	

<b>ADDITIONAL PROGRAMS (not covered by Original Medicare)</b>	<b>Your costs for in and out-of-network care</b>
<b>ADDITIONAL PROGRAMS (not covered by Original Medicare)</b>	
Fitness Program	SilverSneakers®
Healthy Rewards	Covered
Meals	\$0
	After discharge from an inpatient stay to your home, you may be eligible to receive up to 14 home-delivered meals over a 7-day period.
Resources for Living®	This program is offered to help you locate resources for everyday needs.
Teladoc™	\$0 Telemedicine services with a Teladoc provider. State mandates may apply.
Telehealth Mental Health services provided by MD live	\$0
Telehealth PCP	\$10
Telehealth Specialist	\$30
Telehealth Occupational Therapy Service	\$30
Telehealth PT and SP Services	\$30
Telehealth Other Health Care Providers	\$30
<i>This continues on the next page</i>	

<b>ADDITIONAL PROGRAMS (not covered by Original Medicare)</b>	<b>Your costs for in and out-of-network care</b>
<b>ADDITIONAL PROGRAMS (not covered by Original Medicare) (continued)</b>	
Telehealth Individual Mental Health*	\$30
Telehealth Group Mental Health*	\$30
Telehealth Individual Psychiatric Services*	\$30
Telehealth Group Psychiatric Services*	\$30
Telehealth Individual Substance Abuse Services*	\$30
Telehealth Group Substance Abuse Services*	\$30
Telehealth Kidney Disease Education Services	\$0
Telehealth Diabetes Self-Management Training	\$0
Telehealth Opioid Treatment Program Services*	\$30
Telehealth Urgent Care Physical Exam	\$65
	A routine physical exam is offered once per calendar year.
Podiatry Services (non-Medicare covered)	\$30
	Supplemental podiatry services are covered.

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<b>ADDITIONAL PROGRAMS (not covered by Original Medicare)</b>	<b>Your costs for in and out-of-network care</b>
<b>ADDITIONAL PROGRAMS (not covered by Original Medicare) (continued)</b>	
Wigs	\$0
Maximum	\$400
Frequency	one wig every year
<b>*These benefits may require prior authorization.</b>	

## MEDICAL DISCLAIMERS

For more information about Aetna plans, go to [AetnaRetireePlans.com](https://www.aetna.com/retireeplans) or call Member Services toll-free at **1-888-267-2637** (TTY: 711). Hours are 8 AM to 9 PM ET, Monday through Friday.

Participating health care providers are independent contractors and are neither agents nor employees of Aetna. The availability of any particular provider cannot be guaranteed, and provider network composition is subject to change.

In case of emergency, you should call 911 or the local emergency hotline. Or you should go directly to an emergency care facility.

The complete list of services can be found in the *Evidence of Coverage* (EOC). You can request a copy of the EOC by contacting Member Services at **1-888-267-2637** (TTY: 711). Hours are 8 AM to 9 PM ET, Monday through Friday.

The following is a partial list of what isn't covered or limits to coverage under this plan:

- Services that are not medically necessary unless the service is covered by Original Medicare or otherwise noted in your *Evidence of Coverage*.
- Plastic or cosmetic surgery unless it is covered by Original Medicare
- Custodial care
- Experimental procedures or treatments that Original Medicare doesn't cover
- Outpatient prescription drugs unless covered under Original Medicare Part B

You may pay more for out-of-network services. Prior approval from Aetna is required for some network services. For services from a non-network provider, prior approval from Aetna is recommended. Providers must be licensed and eligible to receive payment under the federal Medicare program and willing to accept the plan.

Out-of-network/non-contracted providers are under no obligation to treat Aetna members, except in emergency situations. Please call our Member Services number or see your *Evidence of Coverage* for more information, including the cost-sharing that applies to out-of-network services.

Aetna will pay any non-contracted provider (that is eligible for Medicare payment and is willing to accept the Aetna Medicare Plan) the same as they would receive under Original Medicare for Medicare-covered services under the plan.



## PLAN DISCLAIMERS

Aetna Medicare is a PPO plan with a Medicare contract. Enrollment in our plans depends on contract renewal.

Plans are offered by Aetna Health Inc., Aetna Health of California Inc., Aetna Life Insurance Company and/or their affiliates (Aetna). Participating health care providers are independent contractors and are neither agents nor employees of Aetna. The availability of any particular provider cannot be guaranteed, and provider network composition is subject to change.

See *Evidence of Coverage* for a complete description of plan benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by service area.

Resources For Living is the brand name used for products and services offered through the Aetna group of subsidiary companies.

SilverSneakers is a registered trademark of Tivity Health, Inc. ©2023 Tivity Health, Inc. All rights reserved.

To send a complaint to Aetna, call the Plan or the number on your member ID card. To send a complaint to Medicare, call 1-800-MEDICARE (TTY users should call 1-877-486-2048), 24 hours a day/7 days a week). If your complaint involves a broker or agent, be sure to include the name of the person when filing your grievance.

If there is a difference between this document and the *Evidence of Coverage* (EOC), the EOC is considered correct.

You can read the *Medicare & You 2024 Handbook*. Every year in the fall, this booklet is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don't have a copy of this booklet, you can get it at the Medicare website ([www.medicare.gov](http://www.medicare.gov)) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

You can also visit our website at [AetnaRetireePlans.com](http://AetnaRetireePlans.com) . As a reminder, our website has the most up-to-date information about our provider network (Provider Directory).

**\*\*\*This is the end of this plan benefit summary\*\*\***

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## Multi-Language Insert

### Multi-language Interpreter Services

**English:** We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at 1-800-307-4830. Someone who speaks English/Language can help you. This is a free service.

**Spanish:** Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al 1-800-307-4830. Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

**Chinese Mandarin:** 我们提供免费的翻译服务，帮助您解答关于健康或药物保险的任何疑问。如果您需要此翻译服务，请致电 1-800-307-4830。我们的中文工作人员很乐意帮助您。这是一项免费服务。

**Chinese Cantonese:** 您對我們的健康或藥物保險可能存有疑問，為此我們提供免費的翻譯服務。如需翻譯服務，請致電 1-800-307-4830。我們講中文的人員將樂意為您提供幫助。這是一項免費服務。

**Tagalog:** Mayroon kaming libreng serbisyo sa pagsasaling-wika upang masagot ang anumang mga katanungan ninyo hinggil sa aming planong pangkalusugan o panggagamot. Upang makakuha ng tagasaling-wika, tawagan lamang kami sa 1-800-307-4830. Maaari kayong tulungan ng isang nakakapagsalita ng Tagalog. Ito ay libreng serbisyo.

**French:** Nous proposons des services gratuits d'interprétation pour répondre à toutes vos questions relatives à notre régime de santé ou d'assurance-médicaments. Pour accéder au service d'interprétation, il vous suffit de nous appeler au 1-800-307-4830. Un interlocuteur parlant Français pourra vous aider. Ce service est gratuit.

**Vietnamese:** Chúng tôi có dịch vụ thông dịch miễn phí để trả lời các câu hỏi về chương sức khỏe và chương trình thuốc men. Nếu quý vị cần thông dịch viên xin gọi 1-800-307-4830. sẽ có nhân viên nói tiếng Việt giúp đỡ quý vị. Đây là dịch vụ miễn phí .

**German:** Unser kostenloser Dolmetscherservice beantwortet Ihren Fragen zu unserem Gesundheits- und Arzneimittelplan. Unsere Dolmetscher erreichen Sie unter 1-800-307-4830. Man wird Ihnen dort auf Deutsch weiterhelfen. Dieser Service ist kostenlos.

**Korean:** 당사는 의료 보험 또는 약품 보험에 관한 질문에 대해 드리고자 무료 통역 서비스를 제공하고 있습니다. 통역 서비스를 이용하려면 전화 1-800-307-4830. 번으로 문의해 주십시오. 한국어를 하는 담당자가 도와 드릴 것입니다. 이 서비스는 무료로 운영됩니다.

**Russian:** Если у вас возникнут вопросы относительно страхового или медикаментного плана, вы можете воспользоваться нашими бесплатными услугами переводчиков. Чтобы воспользоваться услугами переводчика, позвоните нам по телефону 1-800-307-4830. Вам окажет помощь сотрудник, который говорит по-русски. Данная услуга бесплатная.

**Arabic:** إننا نقدم خدمات المترجم الفوري المجانية للإجابة عن أي أسئلة تتعلق بالصحة أو جدول الأدوية لدينا. للحصول على مترجم فوري، ليس عليك سوى الاتصال بنا على 1-800-307-4830 . سيقوم شخص ما يتحدث العربية بمساعدتك. هذه خدمة مجانية.

**Hindi:** हमारे स्वास्थ्य या दवा की योजना के बारे में आपके किसी भी प्रश्न के जवाब देने के लिए हमारे पास मुफ्त दुभाषिया सेवाएँ उपलब्ध हैं. एक दुभाषिया प्राप्त करने के लिए, बस हमें 1-800-307-4830. पर फोन करें. कोई व्यक्ति जो हिन्दी बोलता है आपकी मदद कर सकता है. यह एक मुफ्त सेवा है.

**Italian:** È disponibile un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario e farmaceutico. Per un interprete, contattare il numero 1-800-307-4830. Un nostro incaricato che parla Italianovi fornirà l'assistenza necessaria. È un servizio gratuito.

**Portuguese:** Dispomos de serviços de interpretação gratuitos para responder a qualquer questão que tenha acerca do nosso plano de saúde ou de medicação. Para obter um intérprete, contacte-nos através do número 1-800-307-4830. Irá encontrar alguém que fale o idioma Português para o ajudar. Este serviço é gratuito.

**French Creole:** Nou genyen sèvis entèprèt gratis pou reponn tout kesyon ou ta genyen konsènan plan medikal oswa dwòg nou an. Pou jwenn yon entèprèt, jis rele nou nan 1-800-307-4830. Yon moun ki pale Kreyòl kapab ede w. Sa a se yon sèvis ki gratis.

**Polish:** Umożliwiamy bezpłatne skorzystanie z usług tłumacza ustnego, który pomoże w uzyskaniu odpowiedzi na temat planu zdrowotnego lub dawkowania leków. Aby skorzystać z pomocy tłumacza znającego język polski, należy zadzwonić pod numer 1-800-307-4830. Ta usługa jest bezpłatna.

**Japanese:** 当社の健康 健康保険と薬品 処方薬プランに関するご質問にお答えするために、無料の通訳サービスがあります。通訳をご用命になるには、1-800-307-4830. にお電話ください。日本語を話す人者が支援いたします。これは無料のサービスです。

**Hawaiian:** He kōkua māhele 'ōlelo kā mākou i mea e pane 'ia ai kāu mau nīnau e pili ana i kā mākou papahana olakino a lā'au lapa'au paha. I mea e loa'a ai ke kōkua māhele 'ōlelo, e kelepona mai iā mākou ma 1-800-307-4830. E hiki ana i kekahi mea 'ōlelo Pelekānia/'Ōlelo ke kōkua iā 'oe. He pōmaika'i manuahi kēia.

Y0001\_NR\_30475b\_2023\_C

Form CMS-10802

(Expires 12/31/25)

We comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, or sex and does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. If you speak a language other than English, free language assistance services are available. Visit our website, call the phone number listed in this material or the phone number on your benefit ID card.

In addition, your health plan provides auxiliary aids and services, free of charge, when necessary to ensure that people with disabilities have an equal opportunity to communicate effectively with us. Your health plan also provides language assistance services, free of charge, for people with limited English proficiency. If you need these services, call Customer Service at the phone number on your benefit ID card.

If you believe that we have failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with our Grievance Department (write to the address listed in your Evidence of Coverage). You can also file a grievance by phone by calling the Customer Service phone number listed on your benefit ID card (TTY: 711). If you need help filing a grievance, call Customer Service Department at the phone number on your benefit ID card.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights at [https://ocrportal.hhs.gov/ocr/cp/complaint\\_frontpage.jsf](https://ocrportal.hhs.gov/ocr/cp/complaint_frontpage.jsf).

**ESPAÑOL (SPANISH):** Si habla un idioma que no sea inglés, se encuentran disponibles servicios gratuitos de asistencia de idiomas. Visite nuestro sitio web o llame al número de teléfono que figura en este documento.

**傳統漢語(中文) (CHINESE):** 如果您使用英文以外的語言，我們將提供免費的語言協助服務。請瀏覽我們的網站或撥打本文件中所列的電話號碼。