

Women's Health Friends & Family Program

- » Friendly doctors who really listen
- » Convenient, same-day appointments available
- » In and out in 45 minutes
- » Timely follow-up

“
The program gives me premier access to obstetric and gynecologic care whenever I need it.
”

- Amy Meyer

NICU nurse and program member, pictured on the front cover with her son Macsen and Maryam Siddiqui, MD (right)

To become a member, call **773-834-7999** or email ucmfamily@uchospitals.edu
uchospitals.edu/ucmfamily

Become a member today!

Women's Health Friends & Family Program Trusted by 2,000 Faculty & Staff

MORE DOCTORS, NEW LOCATIONS

Orland Park
University of Chicago Medicine
14290 S. La Grange Road, 3rd Floor

South Loop
University of Chicago Medicine
Southgate Market, *next to DSW*
1101 S. Canal Street, Level P1, Suite 202b

Streeterville
University of Chicago Medicine
Women's Care at Streeterville
680 North Lake Shore Drive, Suite 117

Plus our original location in Hyde Park
Duchossois Center for Advanced Medicine (DCAM)
5758 S. Maryland Avenue, 3rd Floor
Centrally located on the University of Chicago Medicine campus and easily accessible on UGo shuttle routes

MAKE YOUR APPOINTMENT TODAY

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AT THE FOREFRONT
**UChicago
Medicine**

Women's Health Friends & Family Program



Expert Obstetric &
Gynecologic Care
Your Way



Regina Cox-Brown, RN, BSN, CLC, with her doctor, Adrienne Dade, MD

Dear Colleagues,

We are delighted to offer the Women's Health Friends & Family Program to give back to the many women who give so much to the University of Chicago. This program provides women faculty and staff, as well as spouses and adolescent daughters of faculty and staff, access to convenient, quality obstetric and gynecologic care. It is one way for us to demonstrate how much we value and respect your service to the university.

We realize you all lead busy lives and often sacrifice your own health care to family needs and work demands. We will expedite your appointment and schedule it at a time that is convenient for you. You, your teenage daughter or your spouse will no longer need to take time off work or school, or wait weeks to see a gynecologist.

At the University of Chicago Medicine, we offer the full spectrum of general and specialty obstetric and gynecologic care. Whether you are 16 or 66, are low risk or high, need a routine exam, prenatal care or have a gynecologic concern, the Women's Health Friends & Family Program is here to serve you.



Ernst Lengyel

ERNST LENGYEL, MD, PhD
 Professor of Obstetrics & Gynecology
 Chairman, Department of Obstetrics & Gynecology

Join the Women's Health Friends & Family Program today

WHO'S ELIGIBLE?

- » Women faculty and staff
- » Spouses and adolescent daughters of faculty and staff

WOMEN'S HEALTH SERVICES

- » Well-woman exams
- » Family planning and contraception
- » Pediatric & adolescent gynecology
- » Prenatal care and delivery, midwifery care for low risk pregnancies
- » High-risk pregnancy management
- » Menopause management
- » Minimally invasive surgery
- » Treatment for dysplasia, fibroids, menstrual irregularities, infertility, pelvic pain and bladder control issues



UChicago staff member Douglas Freitag, his wife Keewa Nurullah and their son Faraz, born at the Family Birth Center

Our Family Birth Center delivers

- » With UCHP or BCBS PPO Premier insurance, the cost for prenatal care and childbirth is free. Reduced costs are also available through other UCMC-sponsored health insurance plans
- » Traditional and natural birthing options to optimize your birth experience, including warm water immersion during labor
- » Spacious, comfortable, state-of-the-art suites
- » Exceptional care by a team of midwives and obstetricians

Our promise to you:

Efficient, thorough and personal obstetric and gynecologic care delivered by specialists in women's health

CONVENIENCE

To accommodate your work schedule, appointments are scheduled select weekdays between 7 a.m. and 7 p.m. Extended hours and lunchtime appointments are available (*times may differ per location*). If you have an urgent concern, we will make every effort to see you the same day. If you need lab tests, an ultrasound or a mammogram, we will strive to schedule your procedures close to your appointment time. Your insurance coverage will be verified in advance.

SHORT WAIT TIMES

Your appointment will be completed within 45 minutes. You will be guided through your visit quickly and efficiently while receiving individual care and personal time with your doctor.

PRIVACY

You can be assured that your visit and your medical records will always be treated with the utmost confidentiality.

TIMELY FOLLOW-UP

Test results are sent promptly through the patient portal, **MyChart**, and you may use the portal to contact your provider or care team. Whenever you have questions, you will have ready access to your doctor.

Get started in the Friends & Family Program!

Call **773-834-7999** or email ucmfamily@uchospitals.edu

Women's Health Friends & Family physicians are now seeing patients closer to home in Hyde Park, Orland Park, South Loop and Streeterville.