

## New Health Benefit: Livongo is Now Available at No Cost to You

Team,

We are excited to announce Livongo, a new health benefit being offered at no cost to you. The Livongo for Diabetes and Livongo for Hypertension programs make living with diabetes and high blood pressure easier by providing you with an exclusive connected blood glucose meter and blood pressure cuff, unlimited strips and lancets, a mobile app to view and track all of your readings and received a personalized report, and personalized health coaching.

**Eligible Members:** The program is provided to you and your family members with diabetes and/or high blood pressure and coverage through Blue Cross and Blue Shield of Illinois (BCBSIL).



Here's what you get when you join Livongo:

- **Unlimited Strips:** Get as many strips as you need, in addition to a free blood glucose monitor and blood pressure monitor, at no extra charge.
- **Tips to Help You Stay on Track:** Receive useful information that will help you manage your blood sugar and blood pressure and feel your best.
- **Coaching When You Need It Most:** Our Livongo coaches are Certified Diabetes Educators who support you in your journey to better health.
- **Safety and Security:** Your information is safe with us. View and access your records anytime. Share it with your doctors if and when you want to.

**Enroll Today!:** [get.livongo.com/UNIVERSITYOFCHICAGO/now](https://get.livongo.com/UNIVERSITYOFCHICAGO/now)

We are continually looking for ways to add programs that will enhance our benefits offering and help maintain and improve your health and the health of your family members. If you have any questions about this program, please visit the Livongo website or call Livongo Member Support at (800) 945-4355.

*El programa Livongo para diabetes está disponible en Español. Para registrarse en Español, llame al (800)945-4355 o visite [bienvenido.livongo.com/UNIVERSITYOFCHICAGO](https://bienvenido.livongo.com/UNIVERSITYOFCHICAGO).*

Thanks,

- [Benefits Department]

Members must have primary insurance coverage through the Blue Cross and Blue Shield of Illinois (BCBSIL) plan offering the Livongo program. For Administrative Services Only (ASO) and Preferred Provider Organizations (PPO) only. Not available for Fully Insured (FI) or Health Maintenance Organizations (HMO).